

**AN IMPORTANT MESSAGE CONCERNING YOUR CHILD'S NEW  
APPLIANCE....**

**Today, your child received their dental appliance. The purpose of this appliance and our anticipated expectations should have been thoroughly explained; if you have any questions, please feel free to ask the doctor.**

**Because the appliance is cemented in place with a special dental cement which must dry thoroughly, we ask that you not allow your child to eat or drink for one hour after today's visit. Your child may complain of some mild discomfort today or tomorrow while the teeth adjust to accommodate the appliance; this is normal, and you may administer Tylenol or Motrin as needed.**

**In the next weeks and months, it is very important that we see your child at regular intervals. Depending on the type of appliance, we may adjust the fit, or notice loosening problems which can be easily corrected during these visits. If at any time between visits the appliances appears loose, or come out, protect it in a container and call us for an appointment. Because sticky foods such as taffy apples, Tootsie Rolls, Starbursts, etc. "pull" on the appliance, we ask you to avoid them to prevent loosening or even breaking the appliance. Likewise, hard foods such as nuts, corn on the cob, apples, and ice should be avoided or cut into small pieces.**

**Furthermore, because food can become trapped in and around the appliance, extra care must be taken to keep the teeth clean. The dentist or assistant will show you how to floss around the appliance. Good hygiene is essential to prevent cavity formation in areas adjacent to the appliance.**

**Once again, if at any time you have questions or concerns regarding the appliance, please feel to call our office, (773)772-7373 for Chicago or (847)882-2555 for Hoffman Estates.**

**--Kids Plus Pediatric Dentistry**